

我是蒙神所愛的

I am loved by God

我是有價值的

I am valuable

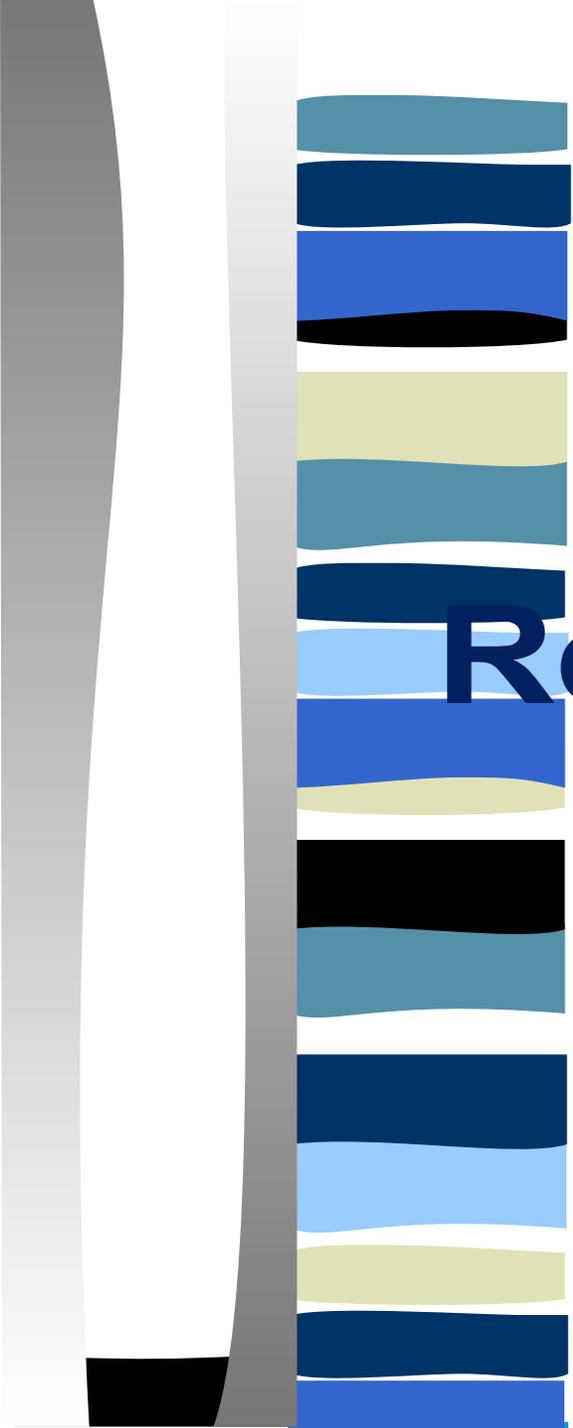
今天必有美好的事發生

Something good is going to happen today

神的祝福追著我跑

God's blessings chase me

更新你的態度



更新你的心意

Renewal of your mind

更新你的態度

羅12:2

不要效法這個世界，只要 **心意更新
而變化，叫你們察驗何為神的善良、
純全、可喜悅的旨意。**

Romans 12:2 (ESV):

"Do not be conformed to this world, but be transformed by the **renewal of your mind, that by testing you may discern what is the will of God, what is good and acceptable and perfect."**

更新你的態度

你的態度決定你的高度
**Your attitude determines your
altitude.**



態度的影響力

The power of attitude

- ❑ 1. 態度決定我們如何去面對生活
- ❑ 2. 態度決定自己的人際關係
- ❑ 3. 態度決定成敗
- ❑ 4. 態度決定好的開始
- ❑ 5. 態度使難題轉為祝福
- ❑ 6. 態度給我們光明的遠景

- ❑ **Attitude determines how we face life**
- ❑ **Attitude shapes our relationships with others**
- ❑ **Attitude determines success or failure**
- ❑ **Attitude sets the tone for a good beginning**
- ❑ **Attitude turns challenges into blessings**
- ❑ **Attitude gives us a bright vision for the future**

帖前5:16-18

要常常喜樂，不住的禱告，
凡事謝恩；因為這是神在基督耶穌裡向你們
所定的旨意。

1 Thessalonians 5:16-18 (ESV):

"Rejoice always, pray without ceasing,
give thanks in all circumstances; for this is the
will of God in Christ Jesus for you."

來11:6

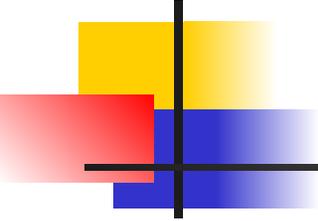
人非有信，就不能得神的喜悅；因為到神面前來的人必須信有神，且信他賞賜那尋求他的人。

Hebrews 11:6 (ESV):

"And without faith it is impossible to please him, for whoever would draw near to God must believe that he exists and that he rewards those who seek him."

更新你的心意

Renewal of your mind

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- **1. 常常喜樂**
 - **2. 不住禱告**
 - **3. 凡事謝恩**
 - **4. 充滿信心**
 - **5. 永不放棄**
- 1. Rejoice always**
 - 2. Pray without ceasing**
 - 3. Give thanks in all circumstances**
 - 4. Be full of faith**
 - 5. Never give up**

1. 常常喜樂 Rejoice always

☐ 喜樂是一種選擇

☐ Joy is a choice

☐ 不讓別人拿走你的
喜樂

☐ Don't let anyone
steal your joy

☐ 我們需要一間有趣
好玩的教會

☐ We need a fun and
exciting church

2. 不住禱告 Pray without ceasing

□ 禱告是復興的根基

□ 等候耶和華的必從新得力(賽40:31)

□ 學習澳洲蒼蠅，不斷地抓住神

□ 不要做非洲猴子
放棄手中的花生

- Prayer is the foundation of revival
- Those who wait on the Lord shall renew their strength (Isaiah 40:31)
- Learn from the Australian fly—keep clinging to God
- Don't be like the African monkey—Let go of the peanuts in your hand

3. 凡事謝恩 Give thanks in all circumstances

□ 為每一件事感恩

□ Give thanks for everything

□ 要成為“看見好”的專家

□ Be an expert at “seeing the good”

□ 把別人最好的帶出來

□ Bring out the best in others

□ 常常肯定及讚賞別人

□ Always affirm and appreciate others

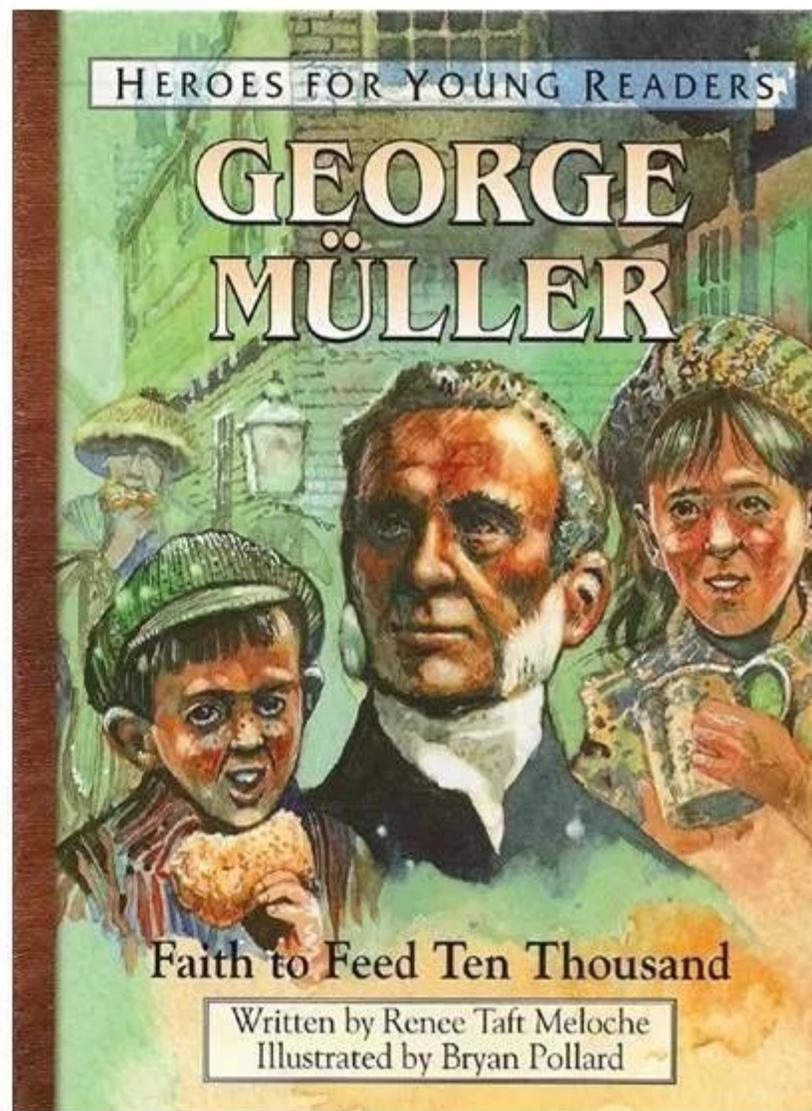
4. 充滿信心 Be full of faith

- (來11:6)信心討神喜悅 □ **(Hebrews 11:6) Faith pleases God**
- (腓4:13)我靠著那加給我力量的凡事都能做 □ **(Philippians 4:13) I can do all things through Him who gives me strength**
- 我不怕困難，有事就是好事，危機就是轉機 □ **I'm not afraid of challenges — every problem is a blessing in disguise, and every crisis is an opportunity**

乔治穆勒 1805~1898

George Muller

- 在祷告和对神话语之信心上有很好的学习
- 创办孤儿院，在经济上凭信心生活。
- 他恢复藉祷告取用神应许的真理，以及凭信生活的见证，一生祷告得答应之事例数以万计。



5. 永不放棄 Never give up

- ❑ 你永遠不會失敗直到你放棄
- ❑ 失敗是有價值的
勇於改變，
- ❑ 向百分之五看齊
- ❑ 改變是福音的中心
(林後5:17)
- ❑ **You never truly fail until you give up**
- ❑ **Failure is valuable when you're willing to change**
- ❑ **Aim to be part of the five percent**
- ❑ **Change is at the heart of the Gospel (2 Corinthians 5:17)**



常常喜樂

Rejoice Always

English Translation: Jeff Nelson

詞、曲：盛曉玫 Amy Sand

常常喜樂 向主高歌

Always rejoice, sing praise to Him

不論環境如何

Rejoice in ev'rything

高山或低谷主都看顧

Mountains or valleys, He's in control

相信就能蒙福

Praise Him and just believe



常常禱告 耐心等候

Pray all the time, wait for His time

主做事有定時

Trust Him and you will see

流淚撒種必歡呼收割

Soon all the sorrow will turn to joy

相信就有喜樂

His joy you will receive



下垂的手再一次舉起來

Oh lift up your hands to Him in praise

封閉的心再一次敞開

Open up your heart to Him again

拋開一切憂慮 放下一切重擔

Cast away the worries, cast away the burdens

來到主的面前我喜樂滿懷

Come before the Lord with a heart full of faith



冰冷的心被主愛來溫暖

Let Him trade your sadness for His gladness

乾渴的靈被主愛充滿

Let Him fill your thirsty soul with joy



主是我的力量 主是我的高台
He will be your Tower, He will be your strength

死蔭幽谷一路有耶穌陪伴
Even in the valley He'll stay by your side

祂永不離開
He'll stay by your side

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